

# THE LION'S ROAR

Community Newsletter: Week Of March 24th

### MCAVINNUE'S PRINCIPAL'S MESSAGE

Hello McAvinnue Community!

March is truly the longest month of the school year with no holiday days and no vacation days to speak of. We did a great job taking full advantage of the extended and consistent time with our students providing predictable needed instruction as we enter the last quarter of the school year! We even took advantage of some decent weather and took our students outside for recess for some much needed fresh air!



On Thursday, March 20th, we had another outstanding family event at the school. McAvinnue's "Math Festival" was an amazing night of learning fun! Students had a chance to complete multiple math challenges and help our mascot, Leo The Lion, navigate his way along a math "passport" of challenges. The gymnasium was packed and the math and learning energy was high! Thank you to our partners from The Acera School in Winchester for their co-planning support with this event! Check out the pictures in the "Week In Review" section of this weeks newsletter.

Our second round of report cards went home on Friday, March 21st. Please make sure that you review your child's report card and reach out to your child's teacher if you have any questions or concerns. We will have one final round of report cards for all students in June before we leave for the Summer Break.

MCAS will occur starting on the week of March 31st for our Grade 3 and Grade 4 students. We have developed a thoughtful testing schedule for both grade levels for 2 weeks in April (ELA) and 2 additional weeks in May (Math). Our students have spent time in March preparing for these important tests by completing test prep units as well as taking some practice tests. You can find additional information regarding MCAS testing in the section below.

We are looking forward to another successful week at the "best school that we all know"!

If you have any questions, please don't hesitate to reach directly.

Here are a few items that you need to be aware of. Please mark your calendars for the following events and activities at McAvinnue for the next few weeks:

- Monday, March 24th McAvinnue Reopens @ 9:10 AM
- Tuesday, March 25th Grade 4 Field Trip: Lowell Tsongas Industrial History Center
- <u>Monday, March 31st</u> McAvinnue's "Lions Pride" Core Value All School Celebration: March Edition

If you have any questions, please don't hesitate to contact the Main Office at McAvinnue or send Mr. Domina a message a <u>mdomina@lowell.k12.ma.us</u>.

# 2025 MCAS Testing Dates: Grades 3 - 4

We have scheduled McAvinnue's MCAS dates for this school year. Please see the dates below for both Grade 3 and Grade 4.

### <u>ELA</u>

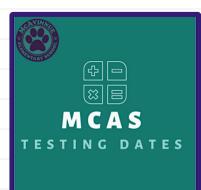
- Grade 3 ELA April 2nd (Session 1); April 3rd (Session 2)
- Grade 3 ELA Make Up Sessions April 4th & 7th
- Grade 4 ELA April 9th (Session 1); April 10th (Session 2)
- Grade 3 ELA Make Up Sessions April 11th & 14nd

### <u>Math</u>

- Grade 3 Math May 7th (Session 1); Math 8th (Session 2)
- Grade 3 Math Make Up Sessions Math 9th & 12th
- Grade 4 Math May 14th (Session 1); May 15th (Session 2)
- Grade 3 Math Make Up Sessions May 16th & 19th

It's important that ALL of our students attend on the days that their grade level is testing. Being rested, on time, and fully prepared is essential for students to "show what they know" and do their very best!

If you have any questions, please reach out directly to your child's teacher for additional information.



### McAvinnue's "Resilience Project"





THE BOUNCE MCAVINNUE FAMILY

Bounce will teach McAvinnue students to embrace resilience in their own lives by navigating challenges and developing strategies for overcoming obstacles.

Resilience is about bouncing back and learning to recover from various setbacks, and disappointments. We do this by managing our emotions, being flexible, learning to solve problems, setting up goals for ourselves, being optimistic, persevering, practicing mindfulness and asking others for help when we need it.

All these skills can be learned and supported in school and home.









McAvinnue's Week In Review



McAvinnue's "Musician of the Week"

McAvinnue's "Musician of the Week" is Sebastian in Room 304! Sebastian has been doing an awesome job learning ukulele, and he can now play 2 chords, name all the parts of a ukulele, and has mastered our first strum pattern. Great job!



McAvinnue's "Artist of the Week"

McAvinnue's "Artist of the Week" is Jeronimo in Room 204! He did an amazing job building his paper sculpture of a dog. Great work!



McAvinnue's Student Council Helping Out!

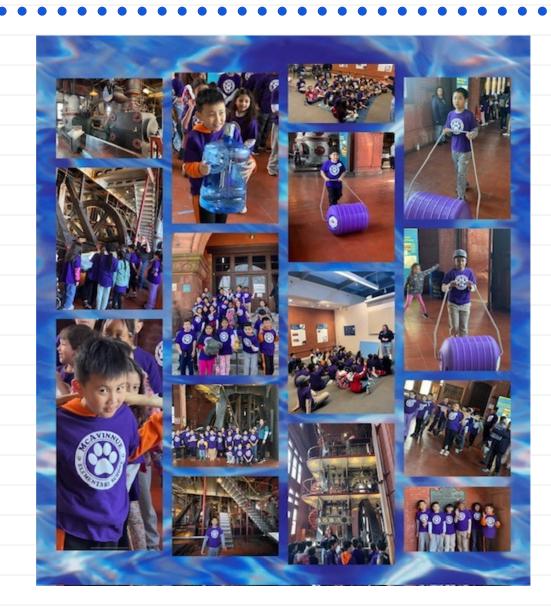
McAvinnue's Student Council was a BIG help ensuring that our "Math Festival" was a success for everyone! They lead various math challenges and provided some helpful guidance and support so that families had the best chance of successful! Well done!





McAvinnue's "Green Day"

We had so much fun on McAvinnue's "Green Day" on Monday! St. Patrick's Day was celebrated in full McAvinnue style!



### Grade 2 Field Trip Fun!

Grade 2 students visited the Metropolitan Waterworks Museum in Boston this week! This was our first time booking this field trip...and it was a major success! Our students had a blast and learned some new things along the way!







### McAvinnue's "Math Festival"

McAvinnue's "Math Festival" was an amazing night of learning fun! Students had a chance to complete multiple math challenges and help our mascot, Leo The Lion, navigate his way along a math "passport" of challenges. The gymnasium was packed and the math and learning energy was high! Thank you to our partners from The Acera School in Winchester for their co-planning support with this event!

### Allergies? Asthma? Medications? - Please Let Nurse Danielle Know!

If your students have any medical concerns or diagnosis, please make sure Nurse Danielle is aware. Also, if they have any medical conditions, for example allergies or asthma, that require medications such as Epipens or inhalers here at school, please remember she needs updated paperwork and medication yearly.



Please reach out as soon as possible to get her the necessary paperwork and to arrange drop off of new medications. Nurse Danielle's email address is <u>dralls@lowell.k12.ma.us</u> and she can also be reached by calling (978) 937-2871 ex. 47858. Our fax number is (978) 937-2880.

# Drop-Off & Pick-Up Logistics

### **Drop-Off Logistics**

- Arrival begins at 9:10 AM each day. The late bell rings at 9:25 AM.
- Please pull up to the 4th Avenue side of the building when dropping off your child.
- As you approach the 4th Avenue sidewalk, a faculty member will greet and support getting your child safely out of the vehicle.
- This area is a drop off area ONLY. You will not be permitted to park in this location.
- Please be sure to drive all the way down to the end of the sidewalk so we can fit as many vehicles in this location as possible.
- Ensure your child is ready to go and do not get out of the car so we can keep traffic moving.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- Large bus students will enter using the back door located in the rear of the school building.
- Small bus and van transportation students will use the 4th Avenue door near the rear of the school building by the exit driveway.

### **Morning Lining Up Locations**

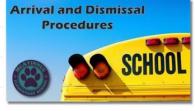
- Grade 1, 3, and 4 students will use the Main Door to enter the school building.
- Grade 2 will use the 4th Avenue doorway near the front of the school to enter the building.
- PreK & Kindergarten will use the Early Childhood door to enter the building. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.

### Pick-Up Logistics

- Grade 1 will be dismissed out the Main Door.
- Grades 2, 3, and 4 will be dismissed out the 4th Avenue door near the front of the school.
- Kindergarten students will be dismissed out the Early Childhood door. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- PreK students will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway. Please contact Ms. Annie for the specific dismissal time.

### **BUS TRANSPORTATION INFORMATION**

School bus transportation is provided to students in grades K-4, who live greater than .75 mile from their residence or alternate address to their assigned school. Middle school students (grades 5-8) must live greater than 1.5 miles from their residence or alternate address to their assigned school.



Kindergarten through 4th grade students will receive a printed bus pass via postal mail. These passes were mailed out on August 23rd. You can also look up your student's bus pass information by using their Student ID for the username and date of birth for the password at the link below. This is the same information that students use to log in to their Chromebooks for school.



Please note that Kindergarten and 1st grader students <u>must</u> have an older sibling (4th grade or older) or parent present at the bus stop in the afternoon in order to depart from the school bus. If a parent or older sibling is not present, the student will be brought to the Moody School, located at 158 Rogers Street. A driver's license or valid identification must be presented to the staff in order to dismiss the student.

You can use the LPSD "Bus Lookup Tool" using the link below. You will need to use you child's LASID or lunch number along with their birthdate to access this helpful system.

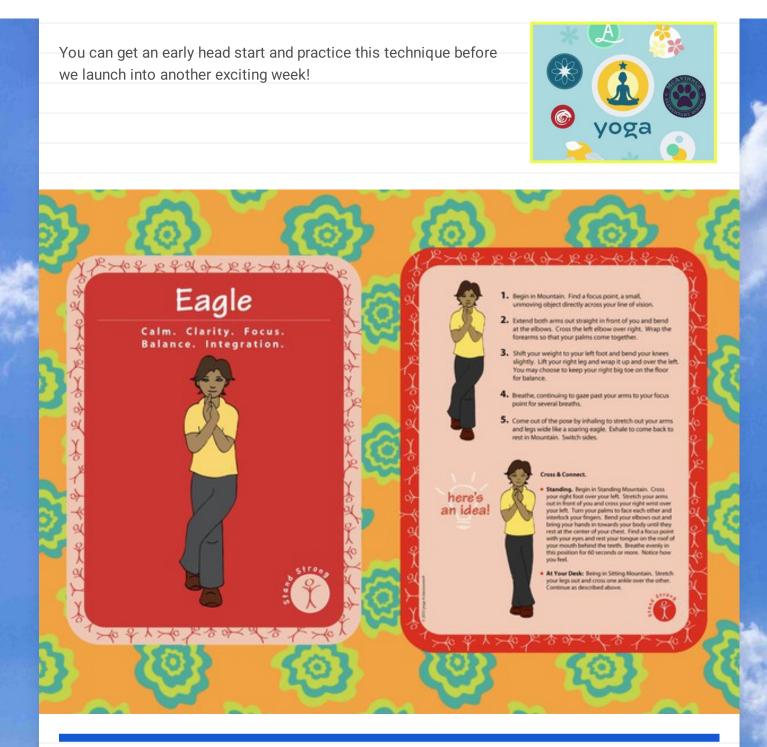
There also is a helpful video that you can watch that will walk you through the process.

Click Here For The LPSD "Bus Loo	kup Tool"
You will need to have your child's LASID or lunch number to access the m your child. Please keep in mind that this number is also used to log in	-
Bus Pass Lookup Tutorial	- D (r) ● (B G G) ● D ● D ● D ● (there)) ford () Onerroom Non; = (re) recently =
Tyler's Versatrans e-Link Welcome to Lowell Public Schools eLink Vier Vier Vier Vier Vier Vier	User Name= lunch code Password= birthday mmddyyyy Example: August 31, 2009 08312009

### Is Your Bus On Time?

The Lowell Public Schools Transportation Department has added a live spreadsheet to its webpage that indicates in the AM or PM if a school bus (grades K-8) is running late and by how long.

Check it out today: <u>https://www</u>	lowell.k12.ma.us/Page/5990	Is The Bus On Time?
	UCATION CLASS WITH MS. RIND( hen each grade level and homeroc	0
Education Class with Ms. Rindo		in has weekly Physical
Please ensure that your child we fully participate.	ears sneakers on their assigned da	ay in the gymnasium so that can
Monday         Tuesday         Vednesday         Thursday         Friday           Monday         Tuesday         Vednesday         Thursday         Friday           Miss         Pagper         Miss         Lewis         Scillos         Miss           205         205         Miss         Miss         Colored         208	Monday         Tuesday         Thursday         Friday           Mrs. Gervais         Ms. Corio         Mrs. Joyce         Ms. Wagner           201         201         202         Ms. Wagner	Monday       Tuesday       Mendada       Thursday       Friday         Mirs. Ubele       Mrs. Makumbil       Mis. Mendada       Mis. Mendada       Mis. Mendada         Mirs. Ubele       Mrs. Makumbil       Mis. Mendada       Mis. Mendada       Mis. Mendada         Mirs. Ubele       Mrs. Mis. Mis. Mis. Mis. Mis. Mis. Mis. Mi
Kindergarten	Grade 1	Grade 2
Monday         Tuesday         Wednesday         Turaday         Friday           Mins. Abrama         Mis. Cutrumbes         Mis. M-C         Mis. Rydar         301           Wolf State         Mis. Cutrumbes         Mis. M-C         Mis. Rydar         301	Monday         Tuesday         Thursday         Friday           Ms. Clemente         Mrs. Heczynski         Mrs. Higueiredo         Mrs. McCann           309         Mrs. Leczynski         Mrs. Higueiredo         Mrs. McCann           309         Mrs. Beczynski         Mrs. McCann         Soft	Tuesday Wednesday Thursday         Mrs. Orozco Mrs. Irwin 21         With the set of the s
Grade 3	Grade 4	CSA
Ū.	<b>The Week: "Eagle" Revisited</b> t we tried early in the school year	
continue to allow us to work on maximize balance integration ar	maintaining a clam and clear focu nd unique upper body positioning.	us using a technique that We will practice the "Eagle" pose



### Upcoming Events



Here are important dates to remember for the remainder of March and early April:

- Monday, March 24th McAvinnue Reopens @ 9:10 AM
- Monday, March 24th Before & After School Program: Session 3 Begins
- <u>Tuesday, March 25th</u> Grade 4 Field Trip: Lowell Tsongas Industrial History Center
- Monday, March 31st McAvinnue's MCAS "Pump Up" Pep Rally @ 9:30 AM 10:15 AM
- Tuesday, April 1st MCAS "Pump Up" Breakfast Grade 3 @ 9:30 AM 10:00 AM
- Wednesday, April 2nd Grade 3 ELA MCAS: Session 1
- Thursday, April 3rd Grade 3 ELA MCAS: Session 2
- <u>Friday, April 4th</u> McAvinnue's "Lions Pride" Core Value All School Celebration: March Edition
   @ 9:30 AM 10:15 AM
- Tuesday, April 8th MCAS "Pump Up" Breakfast Grade 4 @ 9:30 AM 10:00 AM
- Wednesday, April 9th Grade 4 ELA MCAS: Session 1
- Thursday, April 10th Grade 4 ELA MCAS: Session 2
- Friday, April 11th "ALICE" School Response Safety Drill @ 10:00 AM 10:15 AM
- Friday, April 11th ST Math's "JiJi Day"
- Friday, April 18th Good Friday Holiday No School
- <u>Monday, April 21st</u> Friday, April 25th Spring Break (All Schools Closed)
- Tuesday, April 22nd Friday, April 25th McAvinnue's April Vacation Program
- Monday, April 28th Dentist @ McAvinnue
- <u>Wednesday, April 30th</u> McAvinnue's "Lions Pride" Core Value All School Celebration: April Edition @ 9:30 AM - 10:15 AM

# ST MATH WEEKLY PROGRESS!

With one more full week to experience in March, our puzzle play at McAvinnue is on track to finish strong! Students continue to tackle challenges, (Big Seed, anyone?) and our puzzlers continue to reach new ST Math milestones. Let's keep the energy high and the learning going!

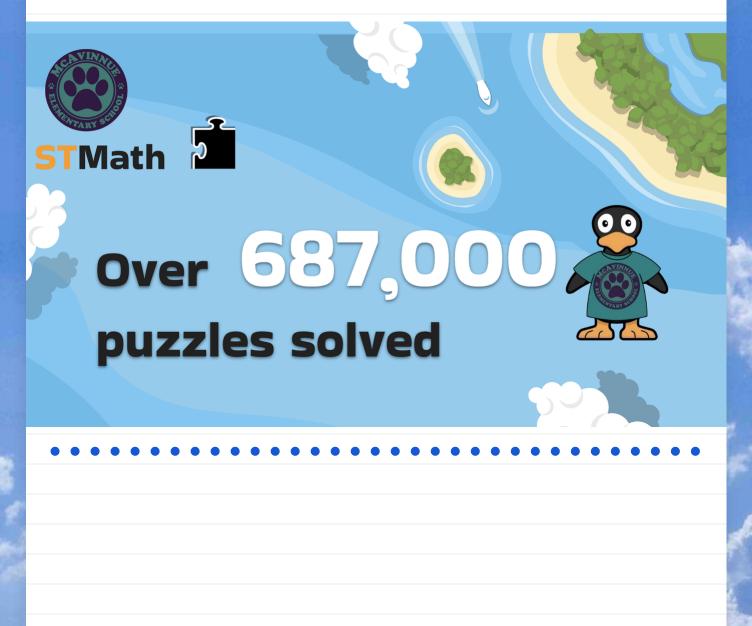
### McAvinnue's Puzzle Count Progress:

Students have solved an impressive number of puzzles- over 687,000!



### The Math Journey:

McAvinnue's Puzzle Goal Progress is 70%. Our end-of-year goal is 80%! With more than 50 days remaining in the 2024-2025 school year, McAvinnue will soar beyond this.







# McAvinnue's ST Math Progress Champions





Saylor Room 301



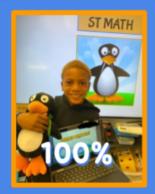
Maisy Room 301



Victor Room 303



# McAvinnue's ST Math Progress Champions



Gavi Room 204



Derek Room 204



Jeffersson Room 307



# McAvinnue's ST Math Progress Champions





Amaurie Room 103



Stella Room 307



Javi Room 303



# McAvinnue's ST Math Progress Champions





Mia Room 202



Emily Room 202



Milena Room 205





Cianna Room 201



Ameer Room 310



Dev Room 304

Lexia Champions!



ADING

CORE



Ernest - Room 204 Level 1 Completed



Arthur - Room 202 Level 1 Completed



Luna - Room 109 Level 1 Completed



Derek - Room 204 Level 2 Completed

### 2024-2025 School Year Calendar

#### Superintendent of Schools-Lowell Public Schools- Lowell, MA 2024-2025 School Year Calendar

Monday, August 26, 2024	Staff Return to School – Staff Orientation Day
Tuesday, August 27, 2024	First Day of School – Grades 1-12
Friday, August 30, 2024	No School Labor Day Recess
Monday, September 2, 2024 *	No School – Labor Day
Tuesday, September 3, 2024	No School - State Primary Elections
Wednesday, September 4, 2024	First Day of School – Pre-Kindergarten & Kindergarten
Wednesday, October 9, 2024	Wednesday - Early Release for grades PreK-12
Monday, October 14, 2024 *	No School – Indigenous Peoples' Day
Tuesday, November 5, 2024	No School for Students -Election Day -Professional Day for Staff
Monday, November 11, 2024 *	No School - Veterans' Day Observed
Wednesday, November 27, 2024	Early Dismissal – Thanksgiving Recess
Thursday, November 28, 2024 *	No School - Thanksgiving Day
Friday, November 29, 2024 *	No School – Thanksgiving Recess
Monday, December 2, 2024	Schools Re-Open
Wednesday, December 4, 2024	Wednesday - Early Release for grades PreK-12
Friday, December 20, 2024	Winter Vacation Begins at the Close of Day
Tuesday, December 24, 2024*	Christmas Eve
Wednesday, December 25, 2024	Christmas Day
Tuesday, December 31, 2024 *	New Year's Eve
Wednesday, January 1, 2025 *	New Year's Day
Thursday, January 2, 2025	Schools Re-Open
Wednesday, January 8, 2025	Wednesday - Early Release for grades PreK-12
Monday, January 20, 2025 *	No School – Martin Luther King, Jr. Day
Wednesday, February 5, 2025	Wednesday - Early Release for grades PreK-12
Friday, February 14, 2025	Mid-Winter Vacation Begins at the Close of School
Monday, February 17, 2025 *	President's Day [Mid-Winter Vacation: Monday, February 17 – Friday, February 21, 2025]
Monday, February 24, 2025	Monday – Schools Re-Open
Wednesday, March 5, 2025	Wednesday - Early Release for grades PreK-12
Thursday, April 17, 2025	Spring Vacation Begins at the Close of School
Friday, April 18, 2025 *	No School – Good Friday
Monday, April 21, 2025 *	Patriot's Day – [Spring Break: Monday, April 21– Friday, April 25, 2025]
Monday, April 28, 2025	Schools Re-Open
Wednesday, May 14, 2025	Wednesday - Early Release for grades PreK-12
Monday, May 26, 2025 *	No School – Memorial Day
Friday, June 13, 2025	180th School Day - Early Release for grades PreK-12 on Last Day of School
Thursday, June 19, 2025 *	Juneteenth
Monday, June 23, 2025	185 <sup>th</sup> School Day [Includes five (5) Snow Days]

Approved by the Lowell School Committee at their meeting of: 4/17/24
Number of School
September 19
October 22
November 17
December 15

ool Days Per Month January 21 February 15 March 21 April 16 May 21 June 10

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PDF

### McAvinnue's Morning Announcements

McAvinnue's "Morning Announcements" are back once again for the 2024-2025 academic school year! We are excited to bring these back starting on Monday, September 16th!

Like we had successfully done during previous school years, a new edition of McAvinnue's "Virtual" Morning Announcements will be

presented to our students on Monday, Wednesday, and Friday each



week. We will continue to use Tuesday and Thursday each week to be used for "Open Circle"....our Social Emotional Learning (SEL) program that focuses on community building, prosocial decision making, and appropriate responses to daily stressors both within the school and home settings.

This will continue to be a great way to bring our school together each day focusing on the same message to get the energy, commitment, and engage up before we launch into another great day at "the best school we all know".

### McAvinnue's Morning Announcements will occur on Monday, Wednesday, and Friday each week.

You can check out current and past editions of McAvinnue's Morning Announcements on our YouTube channel using the link below.

https://www.youtube.com/channel/UC7hxiBuRjqjqfASl\_RLMleQ

You can check out the latest edition of McAvinnue's Morning Announcements below for last school year!



### Parent & Family Resources

### PreK & Kindergarten Registration 2025-2026

Preschool and Kindergarten Registration for the 2025-2026 academic school year opens February 3rd.

For all the info you need about registration visit: www.lowell.k12.ma.us/registration

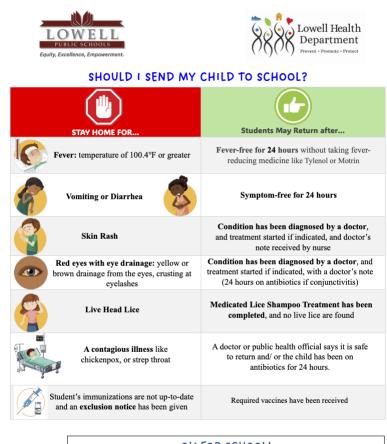
You can also check out the flyer below for all of the details.



### Should I Send My Child To School?

Please see the chart below that will help you decide whether you should send your child to school.

If you have any questions or are not sure whether you should send your child to school, please reach out to the school and ask to speak with Nurse Danielle.





OK FOR SCHOOL! Chronic Diseases (Controlled Asthma, Diabetes, Sickle Cell, Epilepsy)

Mild Cold Symptoms – Stuffy nose/ runny nose, sneezing, mild cough, no fever

 Menstrual Issues – cramps
 Someone at home is sick, stressed, or hospitalized





#### ¿DEBERIA LLEVAR A MI HIJO A LA ESCUELA?

	Estar en casa para	Los estudiantes podrán regresar después de
Ç	Fiebre: temperatura de 38 °C o mas alta	Sin fiebre durante 24 horas, sin haber tomado medicamentos reductores de fiebre como Tylenol o Motrin.
P	Vómitos o diarrea	Sin sintomas durante 24 horas
3	Erupción cutánea	Un medico ha diagnosticado la afección y se ha iniciado el tratamiento si es necesario, y la enfermera ha recibido una nota del médico
	Ojos rojos con secreción ocular: secreción amarilla o marrón de los ojos y formación de costras en las pestañas	Un medico ha diagnosticado y comenzado el tratamiento si es necessario, con nota médica (24 horas de antibióticos si es conjuntivitis)
	Piojos vivos	El tratamiento con champu medicado contra piojos se ha completado y no se encontraron piojos vivos
	Una enfermedad contagiosa, como la varicela o la faringitis estreptocócica.	Un médico o un funcionario de salud pública ha indicado que es seguro regresar, y/o el niño ha estado tomando antibióticos durante 24 horas.
	Las vacunas del estudiante no están actualizadas y se ha emitido un aviso de exclusión	Se han recibido las vacunas necesarias



Por Favor, Mande a su hijo/a a la escuela si... • Enfermedades crónicas (asma controlada, diabetes, anemia de células falciformes, epilepsia) • Síntomas de resfriado leve: Nariz congestinada, Nariz goteando, estornudos, tos leve, sin fiebre. • Problemas menstruales: calambres • Alguien en casa está enfermo, estresado o hospitalizado

C AN





#### DEVO MANDAR MEU FILHO PARA A ESCOLA?

FI	QUE EM CASA POR	Os estudantes podem voltar após
Fe	bre: temperatura de 38 °C ou acima	Sem febre por 24 horas, sem o uso de medicamentos para reduzir a febre, como Tylenol ou Motrin
R	Vômito ou diarreia	Sem sintomas por 24 horas
9	Erupção cutânea	A condição for diagnosticada por um médico, e o tratamento for iniciado, se indicado, e o atestado médico foi recibido pela enfermeira.
	vermelhos com secreção ocular: secreção irela ou marrom dos olhos e formação de crostas nos cílios.	Condição diagnosticada por um médico, o tratamento iniciado, se indicado, o atestado médico (24 horas de antibióticos para conjuntivite).
<b>A</b>	Piolhos vivos	O tratamento com shampoo terapêutico para piolhos concluido e nenhum piolho ativo for encontrado.
U	Ima doença contagiosa, como catapora ou faringite estreptocócica	Um médico ou funcionário de saúde pública afirmar que é seguro retornar e/ou a criança está tomando antibióticos há 24 horas.
	As vacinações do estudante não estiverem atualizadas e um aviso de exclusão foi emitido.	As vacinas exigidas foram tomadas
		da, Diabetes, Anemia Falciforme, Epilepsia) Nariz entupido/coriza, espirros, tosse leve, sem febre

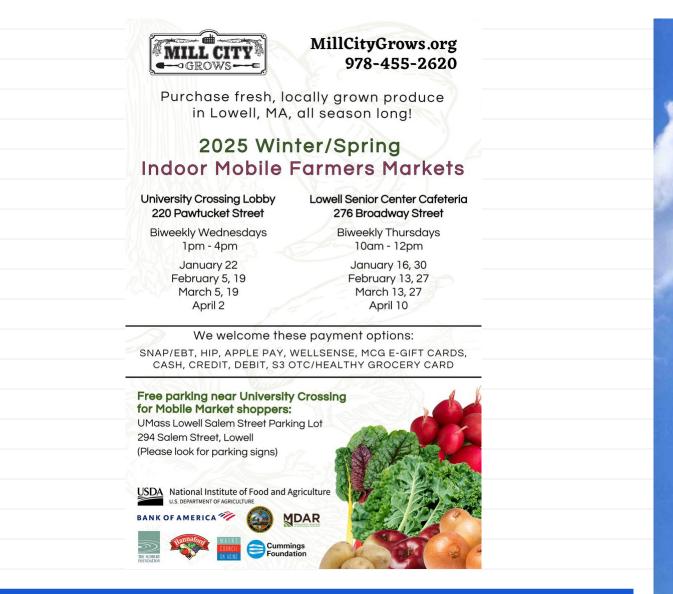
### **Mill City Grows: Mobile Farmers Market**

A new year, a new Indoor Mobile Farmers Market season!

Our 2025 Winter/Spring Indoor Markets will run January 16th - April 10th on Wednesdays and Thursdays at <u>City of Lowell Senior Center</u> and <u>University Crossing at UMass Lowell</u>. Free parking is available at both locations.

All our Markets accept SNAP/EBT, HIP, Apple Pay, WellSense, S3/OTC Healthy Grocery Gift Card, cash, credit, debit, and Mill City Grows eGift Cards.

Get details at <u>MillCityGrows.org/mobile-markets</u> and shop all season long with Mill City Grows!



### Student Handbook 2024-2025

The LPS Student Handbook is a great tool to use to fully understand the expectations of the role of our students as well as the partnership needed for our families to ensure that the school year is a great success.



You can access the district elementary student handbook by clicking the button below. You will find various policies and procedures focusing on attendance, grading, discipline, bus expectations, and more.

Please reach out directly if you have any questions.

### Click Here To Access The LPS 2024-2025 Student Handbook

McAvinnue's School Attendance Information

As you are aware, attending school is first step each in the learning process for our students. It is critical that our students arrive to school on time each day so that they can access all of the engaging and meaning lessons that have been planned by our teachers and related service providers.



The McAvinnue Attendnace Team will monitor student attendance on a weekly basis and will reach our directly to families when they notice frequent absences, a pattern of absences, or an increased number of consecutive absences within a short period of time.

Please refer to McAvinnue's Student Attendance Booket below that will provide additional information. This booket will be sent home with students in multiple languages. It is important that you review this information for your own awareness and to be fully prepared to support your child with the first step of the learning process...attending school on time.

The handbook is provided in three languages below.



English

English

English





Spanish

Spanish

Spanish



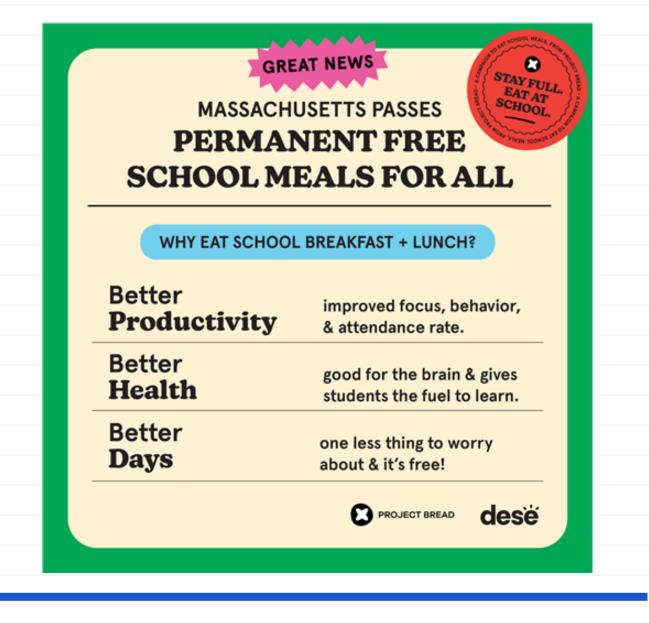
### Breakfast and Lunch Will Be Free for All LPS Students

As we reopen for the new school year, Lowell Public Schools Food and Nutrition are "Powering Potential" for students and faculty with innovations in our menus and enhancements to our overall dining operations. When your child dines with us, rest assured that we will be serving delicious, nutritious meals prepared with the utmost attention to safety. We encourage every student to fuel up with breakfast and lunch meals each day so they can be energized and prepared to succeed throughout the day, in and out of the classroom.



Please keep up to date on our program, nutrition education, monthly menus and back to school letters on the <u>LPS Food and Nutrition website</u>.

Any concerns please feel free to email <a href="mailto:foodservice@lowell.k12.ma.us">foodservice@lowell.k12.ma.us</a>



### March Breakfast & Lunch Menus

4

3



Pancake Sausage on a Stick Blueberry Pomegranate Granola Bake Served with Apples & Pears	French Toast Sticks Chocolate Chip Muffin Served with Oranges & Juice National	Tater Tot Breakfast Nachos Betty Crocker Bar Served with Strawberries & Clementines School Breakfa	Mini Cinni Caramel Bagel Nature Valley Round Served with Fresh Fruit Cup & Juice	Nat'l Cereal Day Assorted Cereal Bowl Cinnamon Roll Served with Apples & Bananas
10 Banana Breakfast Bread Assorted Cereal Bowls with Graham Cracker Served with Apples & Pears	11 Bacon, Egg & Cheese Wrap Blueberry Muffin Served with Oranges & Juice	12 Powdered Sugar Donut Asst. Cereal Bar Served with Apples & Clementines	13 Egg and Cheese English Muffin Blueberry Pomegranate Granola Bar Served with Fresh Fruit Cup & Juice	14 Mixed Berry Yogurt Parfait Bagel with Cream Cheese Served with Apples & Bananas
17 Pancake Sausage on a Stick Assorted Cereal Bowl with Graham Cracker Served with Apples & Pears	18 Smoothie Day Breakfast Smoothie Chocolate Chip Muffin Served with Oranges & Juice	19 Mill City Sandwich Betty Crocker Bar Served with Strawberries & Clementines	20 Mini Cinni Caramel UBR Round Served with Fresh Fruit Cup & Julce	21 Egg and Cheese Wrap Bagel with Cream Cheese Served with Apples and Bananas
24 Cinnamon Raisin Bagel Assorted Cereal Bowls with Graham Cracker Served with Apples & Pears	25 Sausage, Egg, Cheese Bagel Chocolate Chip Muffin Served with Oranges & Juice	26 Apple Frudel Asst. Cereal Bar Served with Apples & Clementines	27 Egg & Cheese English Muffin Oatmeal Raisin Round Served with Fresh Fruit Cup & Juice	28 Breakfast Smoothie Bagel with Cream Cheese Served with Apples & Bananas
31 Maple Mini Waffle Assorted Cereal Bowls with Graham Cracker Served with Apples & Pears	1 Bacon, Egg & Cheese Bagel Sandwich Blueberry Muffin Served with Oranges &	2 Breakfast Smoothie Benefit Bar Served with Strawberries & Clementines	3 Sausage, Egg, and Cheese Wake up Wrap UBR Round Served with Fresh Fruit Cup	4 Cinnamon Roll Bagel with Cream Cheese Served with Apples and Bananas

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Check out https://lowelik12ma.nutrislice.com/ for Menu's, Nutrition Education & Monthly Promotions! Questions or concerns please contact foodservices@lowell.k12.ma.us

All Breakfast items are whole grain. Offered Daily: 1 % and Skim Milk and Fresh Fruit All Breakfast is provided free for all students. Menu is subject to change.

This institution is an equal opportunity provider

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MARCH 2025	
Elementary Lunch Menu	
Breakfast and Lunch are FREE for all students! Our menu consists of Whole Grains, Fresh Fruits and Vegetables. Students must take a fruit and/or vegetable with each lunch.	
All meals are served with the option of milk. Sunbutter and Jelly Sandwiches and Vegetarian Meals served daily. Menus are subject to change.	Ser.
V= Vegetarian LG=Locally Grown LTO= Limited Time Offer	

All meals are served with the Sunbutter and Jelly Sandwich Menus are subject to change. V= Vegetarian LG=Locally Gro HOTM=Harvest of the Month

and a second				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Philly Chicken Cheese Sub 3 Pizza Crunchers V	Lowell Grande Nachos Chipotle Chee sy Nachos V Crisp y Chicken Sandwich	Early Release! Chicken Tenders with a Dinner Roll Veggie Nuggets with a Dinner Roll V	Waffles with Chicken Sausage 6 or Vegetarian Sausage V Loaded Baked Potato with a Dinner	Cheese Pizza V <b>7</b> Buffalo Chicken Pizza
Asian Chicken Salad with Flatbread V Tuna Salad Sandwich on a Bulkie Roll	Pretzel Platter V Turkey BLT Sub	Hamburger & Cheeseburgers Asian Chicken Salad with Flatbread V Tuna Salad Sandwich on a Bulkie Roll	Roll	Asian Chicken Salad with Flatbread V Tuna Salad Sandwich on a Bulkie Roll
Green Beans & Side Salad LG Applesauce & Pears	Kickin Beans & Com Clementines & Apples	Cucumb ers & Carrots LG Bananas & Berry Cup	Roasted Veggies & Green Beans Fresh Fruit Cup & Pears	Red Pepper Strips & Side Salad LG Apples & Bananas
Country Chicken Bowl <b>10</b> with a Corn Muffin Country Bowl with Vegetarian	Buffalo Chicken Dip with Tortilla Chips 11 Hamburger & Chee seb urger Black Be an Burger V	Laurie's American Chop Sue <b>y 2</b> Chicken Gyro with Tzatziki Falafel Gyro with Tzatziki V	LTO: Cajun 13 Biscuits and Gravy Crispy Chicken Sandwich Veggie Nuggets with a Dinner Roll V	Cheese Pizza V 14 Big Mac Pizza
Nuggets V Omelette with a Bagel Ham Chef Salad with Flatbread	Bagel Power Pack V Moroccan Harissa Wrap	Ham Chef Salad with Flatbread Italian Sub	Bagel Power Pack V Moroccan Harissa Wrap	Ham Chef Salad with Flatbread Italian Sub
Italian Sub Roasted Potatoes & Carrots LG Apples & Pears	Kickin Beans & Fiesta Com Clementin es & Apples	Cucumber & Carrots LG Bananas & Berry Cups	Green Beans & Carrots LG Pears & Fresh Fruit Cup	Red Pepper Strips & Side Salad LG Apples & Bananas
Deluxe Chicken Sandwich with 7 Honey Bee Sauce Hot Pretzel Dippers V	Arroz con Pollo 18 Chicken Nuggets with a Dinner Roll Vegetarian Nuggets with a Dinner	Lok Lak <b>19</b> Pizza Crunchers V	Chili Garlic Popcorn Chicken with Lo Mein Hamburger & Cheeseburgers	Cheese Pizza V <b>21</b> Hawaiian Pizza
Chicken Caesar Salad with Flatbread LG Turkey and Cheese Sandwich		Chicken Caesar Salad & Flatbread LC Turkey and Cheese Sandwich	Black Be an Burger V HOTM: Charcuterie Platter V LG Ham and Cheese Sub	Chicken Caesar Salad with Flatbread LG Turkey and Cheese Sandwich
Pickled Cucumbers & Waffle Fries Applesauce & Pears	Street Corn Salad & Carrots LG Apples & Clementines	Roasted Chickpe as & Carrots LG Berry Cup & Banan as	Celery Sticks & Side Salad LG Apples & Bananas	Red Pepper Strips & Side Salad LG Apples & Bananas
French Toast Sticks with Chicken Sausage Or Vegetarian Sausage V	Beef Taco 25 Kickin Be an Taco V Crispy Chicken Sandwich	Spicy Chicken Pepperoni 26 Pasta Bake Cheese Quesadilla V	General Tso's 27 Popcom Chicken With Fried Rice Chicken Tenders with a Dinner Roll	Cheese Pizza V <b>28</b> Pepperoni Pizza
Hamburgers & Cheeseburgers Greek Salad with Flatbread LG Chicken Salad Sandwich on a Bulky Roll	Yogurt Dip Platter V Greek Chicken Wrap	Greek Salad with Flatbread LG Chicken Salad Sandwich on a Bulky Roll	Veggie Nuggets with a Dinner Roll V Yogurt Dip Platter V Greek Chicken Wrap	Greek Salad with Flatbread LG Chicken Salad Sandwich on a Bulky Roll
Tater Tots & Roasted Butternut Squash Clementines & Apples	Chickpe a Salad & Fiesta Corn Oran ges & Apples	Cucumbers & Carrots LG Bananas & Berry Cup	Green Beans & Carrots LG Pears & Fresh Fruit Cup	Red Pepper Strips & Side Salad LG Apples & Bananas
Chicken and Vegetable 31 Dumplings with Veggies Edamame Dumplings with Veggies V	Chicken Fajitas with a Tortilla <u>1</u> Black Bean Taco V Hamburgers & Cheeseburgers	Shepherd's Pie with Dinner Roll Bosco Cheese Sticks with Marinara Sauce V	Wally's Boomin' Nachos 3 Wally's Boomin' Bean Nachos V Fish and Chips with Coleslaw and	Cheese Pizza V 4 BBQ Chicken Pizza
Chicken Parm Sub Kale Chicken Caesar Salad LG Ham and Cheese Sandwich	Pizza Platter Chicken Caesar Wrap LG	Kale Chicken Caesar Salad LG Ham and Cheese Sandwich	A Dinner Roll Pizza Platter Chicken Caesar Wrap LG	Kale Chicken Caesar Salad with Flatbread LG Ham & Cheese Sandwich
Broccoli & Carrots LG Applesauce & Pears	Roasted Chickpeas & Cucumbers Clementines & Apples	Corn & Carrots LG Bananas & Berry Cup	Green Beans & Carrots LG Pears & Fresh Fruit Cup	Red Pepper Strips & Side Salad LG Apples & Bananas

of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disabi u.e., SW Makingtons, D.C. 2020-9410 or callfull free (866) 632-9992 (Volce). Individuals who are hearing impaired or have speech Thomas Duran Duran Control and the provider and accessions:





### Elementary Lunch Menu - March.pdf

#### Download 411.9 KB

### **McAvinnue Spirit Gear By Prep Sportswear**

We have an online store if you wish to order any McAvinnue gear! It is open 24 hours per day and there is no due date for orders. Anytime you want to order...on any day!



The company is Prep Sportswear and has been reliable with solid product quality from reputable brands.

<u>There is a 30% off deal occuring now on all items! This is a major discount if you are interested in purchasing McAvinnue merchandise.</u>

Like during previous school years, we are also exploring additional local options to purchase McAvinnue gear. Stay tuned for more information in the month of September.

To access our current online store for McAvinnue spirit gear, please click the link below.

### **Click To Access Prep Sportswear Spirit Gear**

### **General Information**

How can I update my contact information (phone number/email/address)?

 Go online to the Family Resource Webpage (<u>https://www.lowell.k12.ma.us/UpdateContactInfo</u>) and fill out the "contact us" form. Families who don't have access to the internet can fill out the form in person at the Family Resource



Center. If an address change is related to economic factors or housing instability (family moves in with relatives, eviction, hotel/motel, fire or unsheltered, please contact the McKinney

Vento Office located at the Family Resource Center in person (151 Merrimack Street), by phone (978-674-4321) or go to the webpage at <u>https://www.lowell.k12.ma.us/HomelessAssistance</u>.

### How do I update my emergency contacts?

• If you were in the school last year we will send a verification sheet out. if you are new we will send home an emergency form to fill out on the first day of school.

### How do I register my child for the new school year?

All school registrations are completed online using a computer or laptop. You can access the
online application by going to <u>https://www.lowell.k12.ma.us/SchoolRegistration</u>. If you only
have a mobile device and don't have access to a computer or laptop, you can register in
person at the Family Resource Center (151 Merrimack Street). Please call the Family Resource
Center if you have any questions (978-674-4321).

### What should I do if I need to register my child(ren) and I don't speak English?

The Lowell Public Schools is committed to providing translation and interpretation services for families who require assistance in a language other than English. The online registration application and website is translated in Spanish and Portuguese and can be accessed by going to <a href="https://www.lowell.k12.ma.us/SchoolRegistration">https://www.lowell.k12.ma.us/SchoolRegistration</a>. For all other languages, please call Vannak Khin at (978) 328-6782 to arrange services. In-person language interpretation support for registration can be accessed by visiting the Lowell Public Schools at 151 Merrimack Street. Families can also call the Family Resource Center at (978) 674-4321 to make an appointment with a Bilingual Family Liaison.

### How old does my child need to be to enroll in preschool or kindergarten?

 A child must turn 4 years old on or before September 1, 2023, in order to apply for preschool and 5 by September 1 to apply for kindergarten. A family can apply for preschool by going to <u>https://www.lowell.k12.ma.us/PreschoolRegistration</u> to fill out an online application or <u>https://www.lowell.k12.ma.us/KindergartenRegistration</u> for kindergarten. For registration questions, please call (978) 674-4321.

### How do I apply for a transfer for my child to change schools in the new year?

- Per the 2023-2024 School Assignment Policy, all students have the option to request one school transfer per year.
- Families can apply online at <a href="https://www.lowell.k12.ma.us/SchoolTransfer">https://www.lowell.k12.ma.us/SchoolTransfer</a> or can come to the Family Resource Center in-person to complete the application. Transfers are assigned on a space availability basis.

### COMMUNITY CONNECTIONS & OPPORTUNITIES



### Softball & Baseball Spring Recreation League

With Spring being right around the corner, it's that time of the year again to begin signing up for some Spring Sport options for your child.

Check out the information below for baseball and softball recreation leagues in Lowell. Visit <u>www.lybsl.org</u> or see flyer for more details!



### **Girls Lacrosse Registration Now Open!**

Registration is now open for Girls Lacrosse for Spring 2025 for girls in grades K-8 (new K program this year!).

To register: www.lowellgirlslacrosse.com

The season will run from the middle of February to June!

# LGL Registration is OPEN for Spring 2025!

LGL Littles (new Kindergarten program for 2025)

Grades 1/2 Grades 3/4 Grades 5/6

Grades 7/8

Season runs mid-February through beginning of June

Register online @ lowellgirlslacrosse.com Learn more about our programs on LGL's Teams and FAQs pages!

Questions, please email lowellgirlsyouthlacrosse@gmail.com



Lowell Youth Lacrosse Spring 2025 registration is now open for boys in grades 1-8. To register: <u>https://lowellyouthlax.com</u>

Practice session begin in March with game play occuring on Sundays.

Financial aid is available if needed.



### **Cub Scout Pack 7 Information**

Cub Scout Pack 7 is looking for new cubs to join their pack! Tons of fun and learning experiences for all kids in Kindergarten through Grade 5. For more information, visit <u>www.pack7lowell.com</u>

Pack 7 meets at St. Rita's Church directly across from McAvinnue!





### **Be A Girl Scout**

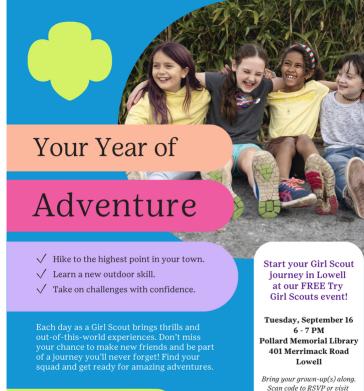
Interested in joining the Girl Scouts Of America? Check out the information below for an event on Tuesday, September 17th at 6:00 PM - 7:00 PM at the Pollard Library in Lowell.

To sign up for Girl Scouts of Eastern Massachusetts, please use the link below.



# **Girl Scouts**®

gsema.org/jion



Be a Girl Scout gsema.org/join

girl scouts of eastern massachusetts Bring your grown-up(s) along. Scan code to RSVP or visit www.gsema.org/eventrsvp2



### **Fall Playgroup Opportunities**

The Lowell Public Schools' Coordinated Family and Community Engagement Program holds weekly playgroups for children under 5-years-old and their families.

You can access the registration form below.

### **Click Here To Register**



### **Community Resources & Daycare Options for Families**

Looking for before or after school daycare options for your child? Here is a short list of options and information for your consideration.

Here is a list of daycare options in Lowell:

- Community Team Work (CTI): (978) 454-5100
  - Families who are already enrolled in a CTI program...
    - Call or text school-age coordinators to request a slot
      - Billy 978-995-0028, <u>wma@commteam.org</u>
      - Karen 978-729-7216, <u>kshannon@commteam.org</u>
  - Families who are not enrolled in a CTI program
    - If you've filled out a CTI application in the past...
      - Contact Karen (978) 729-7216, <u>kshannon@commteam.org</u> to see if where you are on the waitlist (if there is a waitlist)
    - If you've never filled out a CTI application...
      - Fill out an application at 17 Kirk St., 126 Phoenix Ave
      - Or call the main CTI number (978) 454-5100 to request an email version of the application.
- YMCA: (978) 454-7825; 1 YMCA Dr in Lowell
  - Karen Espinola is the school-age director
    - Fill out a application online or at the YMCA to request a slot
  - Debbie Doben is the preschool director if your child is preschool age
- Family Childcare: Call programs to see if they have openings near you
  - Bethel Family Childcare (978) 458-6577
  - Clarendon Family Childcare (978) 454-3026
  - Child Development and Learning (CDE) (978) 275-2843
  - ACRE Family Childcare (978) 937-5899
  - CTI: See above contact information
- Girls Inc: (978) 458-6529, 220; Worthen St. in Lowell
  - Accept girls ages 5-14 years old
  - Accept Child Care Circuit vouchers, DCF vouchers, and private pay (income-based, sliding scale)

- Call Pam Lerocque (Director of Finance & Administration) to check on openings
- Boys and Girls Club: (978) 458-4526; 657 Middlesex St in Lowell
  - School-age openings for after-school
  - Teens who are working with the Department of Children and Families can call BGC or DCF to see if they're eligible



### The Family Leadership Institute

The Family Leadership Institute provides families with the knowledge and skills to partner with schools and communities to ensure their children achieve their full potential.

Throughout the year, the FLI runs a variety of programs including: survival English classes, family college visits, mental health and financial literacy workshops, and more. For more information about the FLI visit: <u>https://www.lowell.k12.ma.us/Page/5263</u> or email FLI Director Zoe Dzineku at <u>zdzineku@lowell.k12.ma.us</u>.

### Local Food Support

Do you need support with food options for your family. No need to worry...there are many local groups that can offer support for you during your time of need.



Click the link below for a list of local food pantries that are willing to help.

You can also reach out to Mrs. De La Luz, McAvinnue's Social Worker, for support navigating these and other options at <u>adelaluz@lowell.k12.ma.us</u>.



#### **Community Vaccination Information**

Click the link below to see a comprensive list of local vaccination options for your child.

Please keep in mind that certain vaccinations are required for students to participate in learning at all Lowell Public Schools.



If you have any questions regarding vaccination requirements, please contact Nurse Danielle at the school. She will be glad to

help you out and provide you with the information that you require or request.



Community vaccination sites.pdf

Download 1.1 MB

### Family Read-A-Loud: "Grumpy Monkey: Spring Fever"

Grumpy Monkey Spring Fever 📽 (kids books read aloud) online book



### McAvinnue's School Website

Check out our school website where you can find a wealth of information including school news, calendars, and other events.

Please visit our website at: https://www.lowell.k12.ma.us/mcavinnue



### Follow McAvinnue On Social Media

You can follow McAvinnue on social media at the following sites! We update things daily and this is a great way to stay in touch with all of the amazing things that are happening inside and out of "the best school we all know"!

Click the buttons below to access our social media sites!

Click To Access McAvinnue's Facebook Page

Click To Access McAvinnue's "X" (Twitter) Page

Click To Access McAvinnue's Instagram Page

### Click To Access McAvinnue's YouTube Channel

### **Our Vision**

McAvinnue Elementary School is a place...where there are <u>high expectations</u>, where students are <u>academically engaged</u>, where instruction is guided by a <u>systematic approach to examine data</u>, where there is a <u>multi-tiered system of support</u>, and where a responsive environment that fosters <u>social emotional connections</u> between faculty and students prevails.

#McAvinnuePride #BeTheDifference #NextLevel



Email: mdomina@lowell.k12.ma.us Website: https://www.lowell.k12.ma.us/Domain/21 Location: 131 Mammoth Road, Lowell, MA, USA Phone: (978) 937-2871 Facebook: facebook.com/McAvinnueElementarySchool/ Twitter: @McAvinnueLPS





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